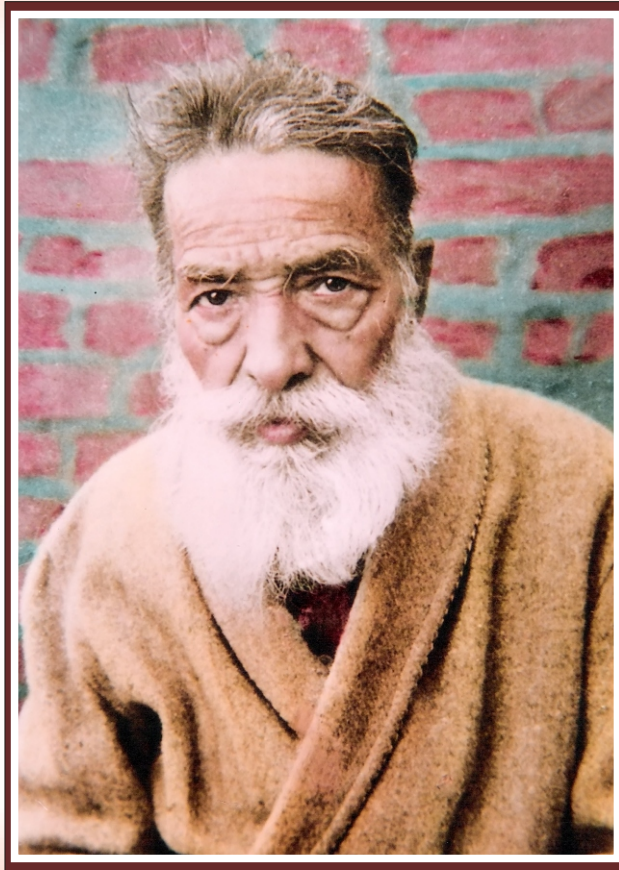


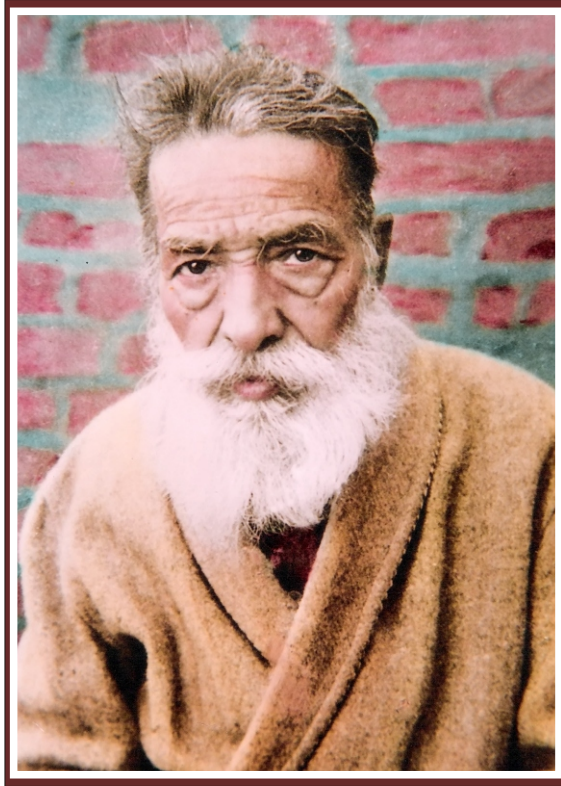
**THE MASTER
SPEAKS
TO THE FOREIGNERS**
Seekers from Abroad



Edited By :- **B. R. KAMAL**

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HOSHIARPUR Punjab



**H. H. PARAM SANT PARAM DAYAL
FAQIR JI MAHARAJ**

INTRODUCTION

Mr. David Lane, Research Assistant to Prof. Juergensmeyer Mark of Berkeley California, U. S. A., Was having a regular correspondence with His Holiness Param Sant Param Dayal Faqir Chand Ji Maharaj for quite some time. On the auspicious occasion of Guru Purnima on 20-7-78, Mr. David Lane personally visited the Manavta Mandir, Hoshiarpur, to sit at the Holy Feet of His Holiness Param Dayal Ji Maharaj and to have a face-to-face talk. After visiting the Manavta Mandir and having sat with His Holiness, Mr. David wrote to Prof. Mark to come and visit the Manavta Mandir and listen to the Great Truth from His Holiness. After a month Prof. Mark also visited the Manavta Mandir as an eager seeker. Luckily I was present on both the occasions and had the privilege of tape-recording the entire conversation of His Holiness with these two learned seekers.

These two conversations cover many important aspects of the Sublime-Truth and Reality about the Divinity as realised by His Holiness during his life long research (of 92 years). I have recorded them in the form of this book-let for the benefit of other like minded seekers from India and abroad. In these two conversations, His Holiness has touched a great many aspects of human life with examples from his personal life. I do hope that if the readers truly understands the Truths expounded in these two talks, and starts to live a practical life, he should surely attain peace in life and salvation in the hereafter.

B. R. Kamal
Govt. College
Hamirpur

MANAVTA MANDIR

HOSHIARPUR

21st July, 1978

Mr. David:— I come from California and shall be moving about throughout India assisting my professor S. Mark from Berkeley. I seek to visit and study at the various centers for the Radhaswami faith and prepares a sort of “Geneological Tree”. This is my temporal reason for being in India. But, otherwise, it is my intense inner desire to be benefitted by the company of Indian saints and gain a true knowledge of “Sant-Mat” (or the Science of the Saints) from them. Now, may I seek to know about your relationship with Baba Sawan Singh of Beas. This question is for my professor.

His Holiness:— I am glad you ask it. My spiritual father, Hazur Maharishi Shiv Brat Lal Ji and Bab Sawan Singh were friends. Since I had a commandment from my spiritual father to “Change the Teaching” before I leave my physical frame, I therefore, in 1942, went to Baba Sawan Singh Ji. I told Baba Sawan Singh that I did not want to do this work of delivering discourses. For, I sought to tell the Truth and if I spoke out the stark truth, people would turn against me. Baba Sawan Singh replied, “I for one” in my life, could not speak out the hidden truth, because people in general do not deserve to be told about it in the first instance. Secondly, I am running an Ashram. If the hidden truth is spoken out, few will be able to grasp and appreciate it. If a person gets to understand the reality, he can first sit at home, mend his life and end his agony. But if the truth is spoken out all too abruptly and all at once who will rush to me every week.

Baba Sawan Singh, I bow my head to him. He was a great saint, but for the individuals or seekers who were too quizzical and wanted to know the SECRET, or realize the reality too soon, he had not the patience. Even my own spiritual father could not satisfy me. I had great love for him. I loved him from the core of my heart. But, I could not get to understand the reality from him. I got great love and affection from him. In order to make me realize the reality, he entrusted me with his work in 1918 December and told me that the “REAL SATGURU” would meet me in the form of my disciples. Now, when these people tell me that my FORM appears before them, at the time of their trial and trouble and solves their worldly or spiritual problems or gives them much-needed guidance. I am obliged to broadcast the reality, and if I conceal the Truth and do not speak out the REALITY to people then I am a sinner. I concede sometime we do unwillingly lie for, man is no wise perfect. He cannot understand much less grasp the reality easily. Just to give some one some solace, we say to him something, so that he, may not feel frustrated or disheartened. But the Reality may be different. Any other question you want to ask ?

Mr. David:— I wish you could tell me as to when did you start working as a Guru ? In 1918, or after your Guru Ji died ?

His Holiness:— No, not during his life time and this out of sheer veneration for him, even I had his orders to deliver discourses and initiate people, but I did not start doing this work during my Mentor’s life time. He was running an Ashram of his own. I wanted to speak the stark truth.

Though, Hazur Data Dayal Ji had given hints about THE REALITY in his writings, but verbally he did not always speak out bluntly. In his last discourse before death, he made it clear that he

did not project himself in the vision seen by his disciples. This secret he revealed only in his last discourse, because if such things are told all too abruptly, people would not come.

Mr. David:— You tell the truth, but still people come.

His Holiness:— This is one thing. Nature has endowed me with certain powers. I have a line on my palm. It is called the Intuition line. Sometimes, whatever I say, out comes to be true. They get my blessings and their desires are fulfilled. They think me that I am man of miracles. So, many flock to me. Majority of them are highly educated people. Any other question ?

Mr. David:— Nandu Bhai, Yes Nandu Bhai Ji, was he commissioned by your spiritual father to do this work of Sat-Sang ?

His Holiness:— Yes, he too was commissioned by Hazur Data Dayal Ji just as I was. Nandu Bhai Ji was the disciple of Hazur Data Dayal Ji like me. But I joined him in 1905 A.D. And he in 1919 A.D. Bhai Nandu Singh had his field of work in the Andhra Pradesh. Once I went to Nandu Singh's house. He was holding Sat-Sang in his house. When he enquired about the cause, I said to him, "Your form appears to your disciples; are you in the know of it ?" He said, "No." Then I told him that those people would bring offerings to him just because his form appeared to them in their Abhyas. So the offerings that he would get he would give to his children. Then there would be no trouble to his children. After that he did not hold meetings in his house.

Mr. David:— Is there any one else commissioned by your spiritual father to do this work ?

His Holiness:— I do not know. So far, I am the first man, rather the leading one. There are others also. Even my own disciples are

doing this work at different places in the country. I, for one, do not initiate people. I simply explain the truth. Those who believe in my words are benefitted. Any other question you want to put.

Mr. David:— Yes, one more question. I am very-very thankful to be here and I appreciate your frankness and straightforwardness in speaking out the truth. In America, there would be a very happy welcome to you. One may be a follower of any religion, the key is, that we are all one. We belong to the one and only one God. I am very thankful to be here. As I leave tomorrow, I would like to know as to when would you be in California ?

His Holiness:— I cannot say definitely about my visit to California. I am going from this place direct to Pittsburgh. There is a friend of mine. He has paid my fare from New Delhi to Pittsburgh by air, while others have paid the fare of my doctor, who is to accompany to America. So, I do not know, when I shall be going to California. But, one thing, I may tell you, my boy, always advice your friends, who are students, to be careful in matters of sex. The whole trouble is this. Wrong sex is the root cause of all the troubles of a man, otherwise, the Americans are a very good and disciplined people. But they do not have inner peace. They thirst for inner peace. They are running from place to place seeking this inner peace. Why ? Because they have led a loose life (very sad state of affairs in America). Even the same thing is going in our country. But, there the situation is much worse. I find that the whole American society has become so permissive that even the Movies, T.V. And the posters all depict the same thing. But I think, now the pandulam is coming back dear Mr. David. When I was there last time, I spoke on this subject and on divorce, which is quite prevelent in America. Some seek divorce even four or five times in life. What is this ? There is little live between husband and wife, all previous affections

are cut off in no time. What for ? There is no toleration and love, and that is what I am again going to America, to preach forcefully.

Now, you see no Jesus Christ comes from without in any body's visions. No Rama, no Krishna, no Budha, no Baba Sawan Singh, no Baba Charan Singh and no Baba Faqir comes from with out to any body. The visions are only because of the impressions and suggestions that a disciple has already accepted in his mind. These impressions and suggestions appear before him like a dream. No body comes from with out. This is the plain TRUTH.

Mr. David:— The real light is to be found only within. That is true for every human being. But we tag it upon a particular Guru. The Guru, the real Guru, is the Divine Light within.

His Holiness:— You must think that the real Guru is not Baba Charan Singh in his physical body. You should think him as an embodiment of Light and Sound. Then you will be successful. If you think your Guru as Baba Charan Singh (a human being) or somebody thinks me as Mr. Fakir Chand S/o Mr. Mast Ram, you will not be successful.

Mr. David:— Sat Guru Baba Charan Singh says that the real guru is not the outwards form, but the Shabad.

His Holiness:— I am also telling you exactly the same thing. What Baba Charan Singh has told you. I am also saying the same. This is confirmation of the Truth. You understand. It is the duty of the eternal guru to make his disciple realize the reality. Now, so far you are concerned my boy, unless you do not observe celibacy for at least five or six years more, your mind will not come to rest. It is written in our scriptures that the 'NAAM' is not for those who have passions, desires, attachments and longings for the world. The

sublime state cannot be realized by people who are materialistic in outlook.

Mr. David:— NAM and KAM cannot go together.

His Holiness:— Yes, One should try to be practical in life. A simple statement of this fact can not help any body. You are like my son, rather a grand son. I wish you be practical in your life.

Mr. David:— Kindly shed some more light on the subject.

His Holiness:— I am not a Guru nor I have ever desired to become a Guru. I did not want to do this work as I told you earlier. But Baba Sawan Singh Ji said to me, “You please carry on this work fearlessly, I will always stand by you.” I have written about this fact many a time in my books. Baba Sawan Singh encouraged me. I was afraid. Now, you know, no spiritual father has praised his disciple in his life time, as Hazur Data Dayal Ji has praised me in his books. So I am bound to carry on this work as per orders of Hazur Data Dayal Ji and Hazur Baba Sawan Singh Ji. I make no personal gains from this work. I do not accept any thing from the public for my personal use or for my family. This gentleman (Sh. Ram Ji Dass) offered me Rs. 500/- and some silver utensils to me yesterday. I said that I would not accept them. But I am to maintain his faith and love also. What I have done is, that I have accepted his offerings to give in the marriage of a girl, who is being married shortly. In lieu of it, I have paid Rs. 250/- from my pocket to the Manavta Mandir. I have nothing to do with these utensils. But my child, one thing I would like to tell you, I do not proclaim, that whatever I say is correct or final. Whatever I say, is the conclusion of my experience of life. Nature is unfathomable. No one has ever been able to know it completely. No one has known it. A small germ in a body can not know the whole body. Similarly human being is like a small germ in this vast

creation. How can he claim to have known the entire creation. Those who say that they have known, are wrong. No one can describe or even know the entire creation. Up to certain extent to which man's mind has access, one can say something. But no body can tell about the entire universe. It is indescribable.

Mr. David:— Swami Ji has said, “It is wonder, more wonder.”

His Holiness:— That is all. Now, are you satisfied ? Pay my homage to Baba Charan Singh Ji when you there and tell him all about this what I have told you. Now, you see, these people come to me and take parsad from me. Those who have faith, their work is done. It is only the faith of a man that works, nothing more. I do not initiate devotees. I think it is a sin to initiate people There are certain pre-conditions, as to who should be initiated. He who has got no taste for sex and passions, he who has got no attachment with his children, with his wife and with the physical frame of his Guru, only such a person is fit for initiation. NAM is only for such people. It is purely for the attainment of salvation. Conditions are laid down in our religious books that NAM should be imparted only to those who have no worldly desires. The worldly men who have desires for worldly belongings can not rise to the higher stages of spirituality. If one sits for meditation and if he is a shopkeeper, his shop will come before him, if he is a student, his books will come before him and if he is doctor patients and medicines will appear before him. Therefor NAM is not for everyone. Especially it is not for young people like you. It is most important. You must take care of your character. BE-MAN first. When time comes, you will come to this line. Still you are to work a lot in your life. You are still to rise in the world. This Sant-Mat is not meant for you at this stage. For the present, you must be pure in your mind. Do your duty. Be loyal to your country as also to your parents. Try to rise in life physically, try to rise mentally, rise

intellectually and rise financially. After that, after gaining the experience of worldly life, you can come to this line. Otherwise not. Do you understand me or not ?

Mr. David:— When I go to Beas is there anything else you want me to carry to Baba Charan Singh ?

His Holiness:— You first say my homage to Baba Charan Singh Ji, and then tell him that you had correspondence with me and that you were attracted by my straightforwardness and thus it was that you visited the Manavta Mandir at Hoshiarpur. You may further tell Baba Charan Singh Ji that you had a frank talk with me and that I told you to obey your Guru Baba Charan Singh Ji and whatever your Guru Says, you must act upon it. You can tell Baba Charan Singh that I have told you that only those boys who lose their Semen in their early age come to this line of devotion. That must be stopped.

Mr. David:— One can not rise inwardly unless one controls oneself. Unless one becomes totally celibate, one cannot rise inwardly. I agree. Had I not written to you or cabled to you, I would not have not have been accepted here. Same way, I think one cannot be acceptable to God unless one corrects oneself totally.

His Holiness:— God is light, you understand. God is light. There is something above God, where the Saints lead the seekers to. It is just like an Electromotive Force. The saints call it Sat-Lok. From there different kinds of rays issue and create this world. As from one battery, we take many circuits I have been a telegraph superintendent. I know how different circuits are carried out of one battery. There are so many Brahmands and so many stars. Who can know as to how to many rays come from those Brahmands, Sat-Lok and the stars to this earth. Do you understand ? You can know these Brahmands up to some extent by knowing your own self.

Mr. David:— I am very grateful to you for this kind and sublime guidance. First, one has to remove all evils from one's within, to realize the reality. Otherwise one cannot penetrate within himself. If we do not do that we cannot reach or realize that state. Any how, I am very grateful to you for coming to visit my country.

His Holiness:— Many people in America regard me as their Guru in Chicago, Florida, Pittsburgh and in California. Some one from U.S.A. Wired me asking me how much money do I require to come to America. Many others write to me from time to time. It is all due to their faith.

Now, as far as you are concerned, you should concentrate within, in the center of your eyebrows. It will increase your will-power. But, if some one has wrong ideas in his mind, then this increased will-power would spoil his life. And if one has good and virtuous thoughts, then this life will become more noble and virtuous. Therefore, this NAM is not for everybody. This NAM can benefit him alone who wants to be free from the evil deeds and sins. It is due to this fact, that time and again it is said, that NAM should be imparted to him alone who wants to be free from the evils and sins and who wants to return to his original Abode. I had a desire to speak my experiences to the world. So my desire stands fulfilled. I had given a word to my spiritual Father. I solemnly declare that I shall spread the truth throughout the world to the best of my ability and the circumstances. So, nature has made arrangements for me to go to America and England. I may go to Germany also.

When I visited America for the first time, a gentleman who was President Nixon's bodyguard came to me from New York by his personal plane. He told me that my form appeared to him. I told him the blunt Truth that it was not "I" who appeared to him in the

New York. But unfortunately these Gurus, will not speak out the Truth on public platforms and the result is religious exploitation. The best way is that whomsoever you regard as your Guru, do not consider him as a mere human-being. Think him to be perfect; only then, you will be benefitted. I never thought of my Guru as a human-being. When Hazur Data Dayal Ji left his physical frame, it was an ordinary thing for me. Neither did I weep, nor did I feel sorry. Because Guru never dies. Do you understand me, or not ? I am sorry, I cannot express my feelings to you the way I want.

Mr. David:— Sir, you have expressed very-very well.

His Holiness:— Look here. There is a woman. She has got a son. That child loves that lady as his mother. The child will have nothing in his mind against that lady. He will adore her, he will love her and respect her. Is it not ? The brother of that lady comes, he has different thoughts for her in his mind. When her husband meets her, he carries different feelings in his mind about her and when a friend of that lady meets, his mind is different. From the same lady different individuals get different types of love, affection and adoration. So, whatever you have to gain, it is all with this faith and belief that your ideal is perfect. What ever you gain, you gain it as per your own faith and belief. As a child gets motherly love from his mother similarly the husband gets a wife's love from the same lady. You always have this faith and firm belief that your Guru is within you. Do not think him ever away from you, in any human form. Guru is knowledge or correct understanding. People say too many things about me. Because whatever I say, it becomes true. It does not mean that I can perform miracles. What I say, I do not say intentionally, I never speak any thing intentionally. Whatever I speak, it is pre-destined. Whatever I say, I say un-intentionally.

There are two schools of thought. The aim of one school is to bring people into its circle. They bring people into their church. But I remove the people from the church also. To be in a Church is a blessing but to die in a Church is a curse. You cannot understand my views as yet, because you have to do a lot of work in your worldly life as yet. The present devotional ideas which you have now, will change after some years and then in the old age you will come to this line. This is my prophecy about you. My younger brother was only a non-matric. When he was hardly ten or twelve year old, he went to my spiritual father and got him initiated. But my spiritual father said to him, "I have initiated you, but please do not do any Abhyas. For you, life means work and work means life." Hazur Data Dayal told him to do 16 hours work a day, reserve 6 hours for sleep and one hour in the morning and one hour in the evening for other necessary work. My brother obeyed Hazur Data Dayal Ji. He became Traffic-Manager of the Indian Railways. A non-matric boy got the title of Rai-Sahib from the British Government. He retired when he was drawing Rs. 2500/- per month and afterwards he became a hermit. I am not in favor of abhyas (inward practice) for everybody, only to sumiran. You concentrate upon the image of your Guru within. But do not talk with that image which you see within you, is in reality, your own mind. No outside Guru comes to any man or disciple. If your mind is pure and you are true, then whatever that image will tell you, it will be true. But if your mind is not pure, then the sayings of that image, which you will visualize within, can prove harmful to you. It is the duty of the external guru to make the life of his disciple peaceful both inwardly and in the spiritual fields.

Mr. David:— I understand that the aim of Sant-Mat or Radhaswami faith is to maintain balance in the worldly as well as

spiritual life of a disciple. If life is not balanced, then I think there can be no real peace in life.

His Holiness:— Once, I wrote to Baba Sawan Singh about my spiritual life. He replied, “You are quite right in whatever you have written. But remember one thing, A man who rides a horse, he must keep equal balance on both the stirrups of the horse. Only then he can have good horse-riding.” This worldly life and spiritual life are the stirrups. So one must not be too worldly or too spiritual.

Mr. David:— Baba Sawan Singh wanted to stay with his Guru Baba Jaimal Singh and he did not want to do any worldly work. Baba Jaimal Singh said to Baba Sawan Singh, “No, No, you cannot attain Sat-Lok unless you live worldly as well as spiritual life at the same time.”

His Holiness:— That is what I say. There is no difference in the saying of saints. But unfortunately the disciples do not understand the reality. These disciples become prejudiced. They praise their own Guru and condemn the Guru of others. They spread hatred against each other. You follow me ?

Mr. David:— This is the only thing in India that has bothered me. Sant-Mat is not sectarian. If we separate ourselves in the name of one Guru or the other, that is wrong. We are all brothers.

His Holiness:— You see here, in this hall, we have the paintings of all saints and gurus belonging to different faiths and beliefs.

Mr. David:— This is a real Ashram. I am very happy to see it. I feel at home since I have come here.

His Holiness:— Anyhow, whatever service I could render to you I have rendered. I have not those modern facilities here in

Manavta Mandir which you have in America. I do not know whether you are getting food of your taste or not.

Mr. David:— I am very-very happy. I am getting every thing to my taste. It is all OK.

His Holiness:— Whenever I go to America, I face one trouble there. It is that I cannot express my views the way as I want to. There in America the accent and mode of speaking English is very different and sometime I have to get the assistance of another person, for understanding the questions. Even your questions I could understand with some light difficulty. However, I have tried to say a lot in a few words. I hope you are satisfied.

Mr. David:— (Bowing and touching the feet of His Holiness) I am very-very satisfied. Thank you and Radhaswami.

His Holiness:— Health, wealth and peace to you my boy.



MANAVTA MANDIR
HOSHIARPUR

19th August, 1978

Mr. Mark:— As I come here, I would like to ask you something about your development in spiritual understanding. First, you were a disciple of Swami Shiv Brat Lal Ji.

His Holiness:— Yes, I am a disciple of Maharishi Shiv Brat Lal Verman, M.A., L.L.D. You have seen his statue there installed in the hall. He is my spiritual father. His spiritual father was Rai Sahib Salig Ram who was a Post Master General. Rai Salig Ram Sahib was the disciple of Radhaswami Shiv Dayal Ji, but I have got liberal ideas.

I was born in a Brahman Family, from the age of 7 years, there was a craving in me for SOMETHING UNKNOWN, which I used to call RAMA, KRISHNA or GOD. Now I feel that the unknown thing which I wanted or searched for, was PEACE. But at that time I used to worship Rama, Krishna, God or Goddesses.

Mr. Mark:— Where was this place ? What place was this ?

His Holiness:— It was at my village Bhanjal then in Distt. Hoshiarpur and Punjab State. I have been doing worship from my childhood according to the ideas given to me by my parents. When I was 16 years old I joined service. I passed only my middle school examination. My father was a constable in the Railway Police. He could not give me higher education. So I joined Communication Service. There I met permanent way Inspectors and Contractors of all types. I was alone in the Communication Section. In the society of those Inspectors and Contractors I took to wrong ways. I ate meat

for 6 months, drank rum three times, once even grumbled and lost one rupee and a quarter and once I went to a prostitute. You understand what I am telling you ?

In 1905 when the Kangra Valley was ruined by an earthquake, my thoughts changed.

Mr. Mark:— Why, what made your thoughts changed ?

His Holiness:— Because I thought that I was doing wrong things.

Mr. Mark:— So the result was an earthquake ?

His Holiness:— Yes, I thought it like that. After going to the prostitute, I wrote to my father that I had done such and such wrong thing, so please send my wife. I was married when I was only 13 years old. At that time I was meditating on the image of Rama and Krishna, according to the Hindu Philosophy. When I was at Baganwala Railway Station as Assistant Station Master, Lord Krishna used to be with me, whether I working or walking.

Mr. Mark:— Did you ever go to some Krishna Temple or did you go to Varindaban ?

His Holiness:— No, I used to pray to him within my own mind. I never went to any place. Once I was going and Lord Krishna was going ahead of me. There was some cow-dung, lying on the ground. That image of Lord Krishna asked me to eat that cow-dung. I took a morsel of cow-dung and ate it. When I reached home, I thought that in religious book it is written that an image of Lord Krishna or Rama has ever directed any disciple to eat cow-dung. So, I thought that it was not the real Krishna who had asked me to eat the cow-dung. Because, I am a Hindu, and I had been given this

idea that the Lord takes birth in the human form time to time, thus I started praying to him. I wept continuously for 24 hours crying out to God that I wanted to see Him in the form of a human being. After 24 hours, a doctor was sent for and after examining me, he said that I had gone mad, But that morning at 4 o' clock, the image of my spiritual father appeared to me, while I was asleep. It made me believe that He was the incarnation of Lord Rama. Then I wrote to him a letter every week regularly for 10 months. After 10 months, he wrote to me, "Faqr, I am receiving your letters. I admire you're aspirations. I have realized REALITY, TRUTH, BLISS and PEACE in the fold of Radhaswami faith, from Rai Sahib Rai Salg Ram Sahib You understand ?

Mr. Mark:— Where was Maharishi Shiv Brat Lal at that time ?

His Holiness:— He was in Lahore at that time. But, now he is dead. There is only a Samadhi of his. I went to him in Lahore and he initiated me in the path of the Radhaswami Faith. After about 10 years I went abroad in the First Great War. I remained there alone without my family and I did a lot of sadhna as is written in our religious books. I saw the Light within and listened to the sound as is written in the texts of the Radhaswami Faith. But I could not get peace, though I had happiness. You understand me ? I got happiness, I got bliss, I got inward pleasure and I also got miraculous powers, but not peace. Then I used to worry my spiritual Father asking him to tell me about the thing of the authority of which Swami Ji and Kabir Sahib had condemned all religions. Because in the books of Radhaswami faith and by Kabir it is written that none except the Saints have realized the reality. They have said that RAMA and KRISHNA were the incarnations of Universal Mind and not of the REAL-GOD. These saints have further claimed that Muslims have also not reached there and the Christians too have

not reached there. So, I could not understand that religious philosophies.

Once, I come on annual leave from I req. I went to Hazur Data Dayal Ji Maharaj, my spiritual Father, and troubled him a lot with my love. I followed him every where like his shadow. At last he said, "See me tomorrow." Next day, when I went to him he put one coconut and five paisa in my lap and said, "I give you an order, obey me. The real master shall meet you in the form of your disciples." That is what my spiritual father told me.

Mr. Mark:— Was it in Andhra Pradesh ?

His Holiness:— No, it was at Lahore.

Mr. Mark:— What stages or regions did you reach within according to Radhaswami faith ?

His Holiness:— There are different stages, different colors and different sounds. I had seen all. But I was not satisfied with all this inward Abhyas. So, he gave me this work, just to make me realize the REALITY. When I came to this line as a Guru or as a Master, my eyes were opened. Why ? Because those who regard me as their Guru and those who consider me as their master, my image appears to them in their meditation, in their dreams and even in a state of wakefulness and guides them, whereas I remain unaware of all this. You understand me, what I am telling you. I want to be very frank with you. You have come for research. I am telling you my personal life. Daily I receive many letters. Some people write that I went there in an aeroplane to take a dying man, some say that I come on a horse and others write that I come in a palanquin at the time of the death of man, whereas I do not go anywhere. All what they see in meditation, in dreams or in wakefulness, all proves to

me, that all what we see inside, is nothing, but subtle matter or illusion. I think you are following me.

Mr. Mark:— Yes, I follow.

His Holiness:— There is a student. He says that when he went to the examination hall for a science paper, he did not know that difficult paper. He prayed to me, I appeared there, sat under the desk and dictated the answers to those difficult questions. The student got 98 marks out of 199. The Truth is that I myself do not know science, nor did I go to his examination hall.

About five days ago, a lady sent me two packs of apples and some other fruit, along with a letter that she was having a bath in a river in Kashmir. Suddenly a wave of water came and took her away for 10 or 15 yards. She writes that when she was drowning, I appeared there, caught her hand and brought her out of the river and said to her, "You have yet to do a lot of work." Now she writes to me in her letter to let her know as to what work she is to do ? Now, neither did I go there to save her, nor did I tell her that she was yet to do a lot of work. This is the SECRET which has been kept so guarded by all the religious and even by the Gurus of the Radhaswami faith. They have kept the public in dark. They have exploited us, they have robbed us, they have cheated us and they have deceived us by saying that they go, where as they do not go or manifest themselves to any body. They have admitted this truth before me. Baba Charan Singh has admitted that he does not go. Late Saint Kirpal Singh has admitted. My own spiritual brother Bhai Nandu Singh agreed with me. Now he is dead and in his place Sh. Anand Rao is working in Andhra Pradesh. So, from all these experiences I have come to know, that whatever we see in the form of our ideal and we talk, if one's mind is pure, then the answer that

one would get from the manifested ideal shall be true. But if one's mind is not pure, then the answer will be wrong and there is possibility that the ideal may put you on wrong way of life, if your mind is not pure.

Now, at this age, I meditate on Light and Sound. And I try to find out, who is seeing the light within and who is listening to the sound within. Sometime after two or three months when I go into deep meditation my "SELF" stands separated from the Light & Sound.

There I lose my own entity. I forget, who am I. I know nothing about God, I know nothing about my Guru and I know nothing about my own self. From all such experience I have come to this conclusion that who am I ? I am a bubble of super most consciousness. That is what my realization is. This is what I have gained. Now, what I feel is that there is ONE-INFINITE, ONE SUPER-MOST ELEMENT. From it, when it moves, sound and light come out and from that light and sound this creation takes place. Cosmic rays and many other types of rays, protons and electrons come out of this light and sound and this gross matter is made. So, it is the will of that Super-power. Everything is oozing out of it and is merging back in it. There is egoism in us and it moves us to do this or to do that.

There are four types of egoism in us

- (i) Egoism of Physical Form
- (ii) Egoism of Mental Form
- (iii) Egoism of Light Form
- (iv) Egoism of Sound Form.

I ask my self, what have I attained ? Silence in the beginning and silence in the end. Whatever is happening, it is all His Will.

Every philosopher or saint who came and made inward search for realization wrote his experiences. But their followers in order to gain fame and name and to collect wealth kept this as secret from the general public. Though to keep the secret was necessary in those days. But, it is not required now. Today, humanity had been divided into different sects and religions. Every day there are communal conflicts in the world. Hindus and Muslims are fighting and Arabs and Jews are fighting. Therefore, after realizing the SECRET, I raised the slogan of BE-MAN. Why? My spiritual father had told me, "Before leaving your physical frame, change the teachings." So, I have changed the teachings. No one on this earth, he may be Christ, he may be Radhaswami, he may be Kabir or he may be anybody, none has the right to say that he has understood the REALITY in all respects. That power is bigger, bigger, bigger, bigger and bigger. Our senses can not reach there. This is what I have understood. So, I pass my life helping others, serving the poor and preaching the truth. I have three free hospitals here. To, general public, I preach the art of living a happy life.

You sleep and you enter the state of dreams. In dream, you feel angry with one. You hit him in the dream. You hand in that state of dream is moved. You create a woman in your dream and enjoy sex with her. Your semen is discharged. These are the effects of the thoughts of your dreams, which are not in your control. It proves that the thoughts of your mind are capable to have effect on your body.

In the state of wakefulness, we hate others and we keep enmity with others. All that we do in our state of wakefulness with our own will, it must have its effect upon us. I have proved to you that if involuntary thoughts can effect your body, why not voluntary thoughts should have their effect upon us. So, what my self practice, I advise others to adopt in their lives. Always be optimistic. Do not

harm others. This is one thing which I preach. Secondly, if any body wants, that he should not come to this earth again in any form or in any other life, for such people I have TRUTH with me.

Mr. Mark:— What is that Truth ?

His Holiness:— Doctors of Switzerland, France, U.S.A., U.S.S.R. and U.K. Have made an experiment. They put a dying man on a very sensitive scale. When that man died something came out of his body. They saw that object which came out of the body on a screen which was applied with some solution, so that they could see the subtle object on that particular screen. At that time when that object or soul came out of the body, the weight of the body decreased by 15 or 20 grams. It proves that should have weight. Anything which is weighing cannot go beyond the gravity of earth. So, if any body wants that he may not come again on this earth, then the only alternative for him is that he should not have any attachment or love with anything which is made of gross matter. Because when mind loves anything made of gross matter, it becomes weighty. So far those, who want that they may not come in different lives again, they before their death must not keep any attachment with any thing what so ever i.e., Gross matter. In this gross matter are included, father, mother, wife, children. Faqir Chand's body, my ashram, Jesus Christ who was born to Miss Mary in Jerusalaum, Ram who was born in Ayodhya and Krishna of Vrindaban. So, if anybody wants not ti come in this world again, he must not keep his attachment with any such gross matter, but should develop his attachment only with light and sound within. Light within is the feet of the real master and sound inside is the real master the Guru. And beyond that is thy oneself, so I say that the real God does not LIVE here as the sun does not LIVE here. Only its rays come here on this earth. If the Sun comes near the earth, we

shall be burnt. So, if that Real God comes here, who is all in all, there will be nothing, but only the LA-ILLAHA, IL-LILLA. If any body wants to serve or pray to God instead of going from place to place, one should serve mankind. Because every man's real-self is a part and parcel of that supreme God, the supreme being and the PERFECT. Infinity, which has come in the trap of TIME or ILLUSION, i.e. KAAL and MAYA. I think you have understood what have said. This is the experience of my whole life.

As far as the inner stages are concerned, those are opened to the seekers according to the quality and quantity of nature of which they are made of. Suppose, if a man is impotent from his birth, what can anybody do to him ? Though he cannot enjoy sexual pleasure, yet he can pass his life well. He may be deprived of his sexual pleasure. He can reach the goal of life. So, every body can not see or enjoy the bliss of inward stages. Every body's nature and thoughts are different. Similarly inward scenes and views are different from man to man. But the real goal is the same. You have come and because you will be going back, I have told you my life experience in short.

I would like to say one thing more. When I am alone, I ask myself, what have you gained ? I have gained nothing and I have gained everything. I have got no desire to achieve now. Because I have realized, that I am a bubble of super consciousness. That supreme power has created this universe. Our body is made of vitamins and minerals. Thoughts we take from outside and some bud from within. Life is nothing but a dream. There is only one truth, which is always one and only one. After this realization, I have got PEACE. Due to my past Karmas I am still alive, I do not know how long that power shall keep me in this body. I have a long desire that after my death, if I go anywhere, I may be able to tell the world what happens to me after death. This is my sole desire.

Mr. Mark:— Where do you think, you will go after death ?

His Holiness:— So far, my realization is concerned, bubble will merge in the ocean. Light will merge in the Light. But, whatever, I have thought and whatever I have said that will remain this Universe. Because matter is never destroyed. Whatever, I am talking now, it shall remain in this room.

Mr. Mark:— When you hear the purest sound and see the purest light, what color is of that purest light ?

His Holiness:— That light is White. There are different colors & kinds of lights within. As the sun shines in the morning it looks red. In the evening when it sets, we again see it red. It is due to clouds, dust and other particles, that are in the sky which make us see the sun as red, otherwise sun is not red. It is all white. Similarly, the red light of soul (Atma) is white. Because we have desires, they cover our souls and according to the desires of the worldly things, the light is different.

Mr. Mark:— The most purest light is white.

His Holiness:— I cannot say it as white. But I can say that it is more than white.

Mr. Mark:— And the Sound.

His Holiness:— Yes, sound, I used to listen, bells, thunders of cloud and Veena. But, now I listen only one sound, which is an unbreakable tune, about which I cannot say any word. It is what it is. But what does it give to me ? It gives peace and bliss. Now at his age of 92 years I do not care for the sound and light too. Why ? Because light is seen by ME and sound is heard by ME. Then who is great ? Light or sound or He who sees

it and listens it ? Who is great ? Light is great or I am great ? Sound is great or I am great ? The self of mine is the super-most element of consciousness in my body. If that is not there then sound is of no value and Light is of no value to me. That is what I have realized. I do not know about myself, brother, what will be my end. You have come from America. Whatever I have realized I have told you.

Now, after having a long experience of my life I feel that most of the past Mahatmas and the present Gurus by keeping the secret Truth unrevealed-undisclosed have been unfair to the public and have often exploited them. They have been taken undue advantage of the ignorance of the people. They have built their own big buildings. They have made air-conditioned rooms for themselves. These Gurus enjoy themselves and the poor people being ignorant give the hard-earned money to these Gurus at the cost of their comforts and those of their children very hardly and they offer it to these Gurus. I do not deny I receive donations, but I personally do not use even a single penny out of these donations. My own son is well placed. He draws about Rs. 2500/- per month. He is a big metallurgist, Russia returned.

Mr. Mark:— Yes, what does he do ?

His Holiness:— He is at Bhilai Steel Plant as a metallurgist. So, I have my own means of earnings. Whatever is received here in the form of donations, is spent for the ailing poor and on publications, published by the Mandir. My publications are distributed gratis.

Daily, I receive a lot of mail and some people write that my form seen by them as a version has done this for them. But I am ignorant of all that. Whatever, sometime I say to some body, comes

out true and he thinks that I have done it. But this is wrong. I have not done it.

Mr. Mark:— Then, should one have a Guru ?

His Holiness:— Guru mean's, KNOWLEDGE, without Guru, we cannot achieve anything. Our mother is our Guru, our father is our Guru, our friend is our Guru and the world around us is our Guru. But the REAL-GURU who makes the SELF free from the bondage of this world is called the SAT-GURU. An eternal Sat-Guru. And to attain the REALITY the Sat-Guru must be a perfect man. Now-a-days this Guruism has become a source of earning livelihood.

Mr. Mark:— You know, some people say that science is also a Guru.

His Holiness:— Yes, Science is also a teacher. But excuse me, unless some one is there to explain you about it, you will not understand anything about it. Therefore, external Guru is most essential and important. Although, the knowledge is in the student, but he cannot attain that knowledge without a teacher or a professor, who teaches him and makes him to realize that knowledge which is within that student. But if the brain of the student is not capable and receptive, then teacher or professor may do anything, he would not be able to understand it. Yes, anything else you want to ask ?

Mr. Mark:— What about the Sikh Gurus ?

His Holiness:— One thing I may tell you that to say anything against or in favor of anybody is not desirable. I have no right to say anything or to criticize anybody. Those days were different. Now the

time has changed, so the teachings of religion must be changed. We all are one. My aim and object in doing this work and of going to America, is *The Unity of Religion and The Unity of Humanity*. Though I know that it is a very hard task, yet I am doing my duty as ordained by Master.

After realizing the power of thought, I am definite that there is going to be destruction throughout this world. No body can stop it. This I am telling you not as an astrologer, but as a master of the science of thought. We find every where, there is hatred in one form or the other. These thoughts of hatred go up to the sky and they must react upon us according to the theory of Newton. Newton proved the theory of action and reactions as far as gross matter is concerned. But actions and reactions of subtle and casual matter, is much more powerful than that of gross matter. So, whatever, we think, desire and speak, it goes up to the stars and then reacts to the place of its origin from where it had oozed out. If I do anything wrong in this life and have thought good or wrong ideas intentionally in this life, then, if I take another life, these thoughts would have effect upon me and move me accordingly. There, in my opinion, destruction is inevitable. It may be in the form of war, it may be in the form of chaos, it may be in the form of floods or it may be in the form of epidemics. This is what I have realized. But, friend, I do not claim that whatever I say is final. Because, no one has got the right to claim so. Research never ends. If some body claims that he has searched everything it is wrong. The search of your own-self will make you reach the ultimate goal but search for God never ends, the search for Atma will never end, whereas search of SELF comes to an end. Why do I say so ? Because my search of SELF has ended. And I have realized that I am a bubble of super-most consciousness. God is

one, all pervading elements. Sound and Light emanate from him. Different kinds of rays and vibrations of that light and sound create this gross matter and it all again merges back into its source. Here I am satisfied. It is possible that whatever I have realized, may be wrong. But I am satisfied with my realization.

Mr. Mark:— Well, after you, will there be any other teacher ?

His Holiness:— I have no right to say anything about this subject. But I may tell you that where there is demand there is supply. It is the law of nature. When the public will face the troubles and when they will seek for peace, nature will create so many teachers. You know, there are different kinds of brains. If some accident occurs, some people rush to that place to rob the victims, some go there to give them food, some go there to give medical aid, some other goes there to the cause of the accident and to thrash the person responsible for the accident and still some other people go there to find out the ways and means, so that such accidents may not occur again. The great brains come in this world as per the desires and the needs of mankind. All the great saints such as Mahavir & Budha and others came according to the demand of times. It is His will. I cannot say definitely. But this much I am certain that when there is too much heat, nature automatically brings storms and rains. If it is too cold, then nature automatically brings heat. It is a natural process about which only He knows.

About me, there are so many miracles attributed to me that if I write about all, there would be a big book. But I say upon my honor, that I do none of these miracles. It is either fate or the faith of the person concerned. In case of some trouble, my disciples remember me, my image appears to them and helps them and they write to me, whereas I do not know anything myself. So from all this I have

realized that every man is perfect. Be true to your own self. That is what my religion is. Do not think or dream of harming anybody for your personal benefit. This is the only religion that I have to propagate. Then have this belief that there is one supreme power. Believe Him in any form you love or like, Jesus Christ, Rama, Krishna, Faqir Chand or Baba Charan Singh or anybody else. But have faith in one. Neither Charan Singh helps you nor Faqir Chand helps you. It is your own faith, your own desire that helps you. Any other question you want to ask ?

Mr. Mark:— In previous times, who was the greatest teacher in India, Kabir or somebody else ?

His Holiness:— It is said that among saints Kabir was the greatest teacher. But it is only a prejudicial view. There are many doctors. One patient goes to one doctor and gets cured. He will praise that doctor. Another patient goes to the same doctor but he does not get cured. He will not praise him. So, you cannot say anything on this topic. Everything is subjective. I got satisfaction from my spiritual father and from these men. They are my real-masters, because from their experiences and from their observations, I realized the truth. I do not assert that my realization will give peace to everybody. In fact, people are not in need of the TRUTH, which I have explained to you. People want money, they want cure, they need this thing or that thing and they gain all these things as per their faith. I do not give anything to anybody. I give only one thing and that is that I wish good for all. If any one comes to me, I say, "Health, wealth and peace to you." Because man requires these three things, Health, Wealth and Peace of Mind. As regards spirituality it is not meant for everybody. Everybody cannot be a doctor, everybody cannot be a scientist and everybody cannot be a prime minister. You understand me or not ?

We want to be healthy, wealthy and happy in this world. As for these religious researches, now I say that I was mistaken in my early years of life. I was searching for something and that was my mistake. This thing which I was searching for, was not in Church or in a temple or in some religious place. But it was in fact within me.

Yes, there are certain books which I have written in English. I am presenting these to you affectionately from the core of my heart.

Mr. Mark:— Thank you very much for this kind favor.

His Holiness:— I had given a word to my spiritual father that “I solemnly declare that I shall spread the Truth throughout the Universe to the best of my ability and circumstances.” I have about one thousand Americans excluding Indians as my followers in America.

His Holiness:— What is your age now ?

Mr. Mark:— Thirty seven years.

His Holiness:— I am a Brahman by case. For a Brahman it is a sin to sell his knowledge. Therefore, I do not charge any price for my books. Whatever I have written, or write, is not the reception of the sayings of the Sages, Rishis and the Saints of the past. My research is original.

In my discourses here and in America, when I go there, I often say that we create uncalled for children. You cannot expect good and constructive things from such uncalled for children. These are my teachings for the general public. You follow me. Women are meant for begetting good and noble children and not for carnal enjoyment and sexual lust. The present youth is most in-disciplined and uncontrolled, because, men have been going to their wives

being out of control and these children are the product. These are my teachings to the younger generation. Create children for the sake of children.

Then home peace is most essential. I told the Americans that there is no home peace in America. Divorce system prevails there. Where there is no home peace, there is always some sort of trouble. This is what I preach, so far as worldly life is concerned. Every man must earn his own living. A boy after attaining the age of 18 years, has no right to use the money of his parents. He must earn his own living. If old parents have no money with them, then it is the duty of their children to help them. But they should not spend the money of their children unnecessarily.

You see, everybody is entrapped by his own mind. Even the big sadhus, mahatmas and philosophers too are swayed by their minds. Spirituality starts where intellect ceases. I speak the Truth. Had I exploited spirituality, I would have been a master of millions today. I have seen that those spiritual teachers who did not speak the Truth, suffered very badly in their old age. Baba Sawan Singh suffered in his old age. Radhaswami Dayal too suffered from serious illness. Jesus Christ was crucified. So, I am afraid of it. I do not say anything untrue and I do not conceal anything. It is possible that whatever I have realized may be wrong but my conscience is clear. The punishment is only for the conscience of a man. If a man throws a stone without any bad intention and a man dies with that stone, even the Law of the Govt would not punish him because his intention was not to kill that man. So anything done intentionally must have its effect.

His Holiness:— What is your name ?

Mr. Mark:— My name is Juergensmeyer Mark.

His Holiness:— Well, my dear Mark, I do not know whether whatever I have realized is correct or incorrect, I do not claim that I am correct. But I have spent my life very purely. I have been true to my parents and I have been true to my officers. I am a retired military man. What I have realized after a long search is that one must not think ill or do any harm to anybody for one's personal benefit. Second, one must have faith in only one form, it may be of any God, Goddess or a Guru. Without form one cannot reach the goal. For instance, you have passion, unless you consider a lady as your wife you cannot enjoy your passions. If you have to satisfy your greed, unless you believe anything as gold or currency you cannot feel happy. Similarly about attachment. If you do not consider some one as your son or daughter, you cannot enjoy the feelings of attachment. So, if you want to reach that ultimate goal, you must have faith in one form thinking him PERFECT. Therefore the worship of Christ, Rama, Krishna or Guru is most essential. In the beginning it is very essential. People think me to be a saint or realized man. Their belief makes them to solve their own problems, whereas I am not even in the know of such things. It proves that everything is within you and not outside. I do not say that my search is final. Truth is not known to anybody. As you sow, so shall you reap. Thi is the law that governs this globe. Everything depends upon your own thinking.

Mr. Mark:— Are there some other disciples of Swami Shiv Brat Lal Ji ?

His Holiness:— Yes, there are a few.

Mr. Mark:— Do they preach the same thing as you preach ?

His Holiness:— You see, the plane at which I speak everybody cannot speak. Why ? Because I have got no attachment,

I do not want respect, money or fame. This institution is a registered trust recognized by the Govt., Whatever anybody gives that is spent for the benefit of the public. Those gurus, who have personal interest, say things in different ways. My area is not too vast. Only the educated people come to me and those who have spent their life in meditation or sadhana. My teachings for beginners is not suitable. I know it. But, I cannot now teach A. B. C. It is not in my power. Only the professors, teachers, doctors and judges come to me the most, because they understand what I say.

Everyone is us is a bubble of consciousness. But there is egoism in it. Egoism of body, egoism of mind, egoism of soul and egoism of surat. When the egoism goes away what remains ? Silence in the beginning and silence in the end. Pass your life cheerfully.

Mr. Mark:— Do the women face any difficulty in realizing themselves ?

His Holiness:— This I cannot say. Ladies must know themselves. Very frank talk it is. They know better about their difficulties. But I may tell you one thing, He who indulges much in sex, cannot realize REALITY. This is my final research. This is what I told the Americans last time and this is what I shall tell them again.

Mr. Mark:— That means there is no difficulty to women.

His Holiness:— No, soul of woman and of man is the same. When it comes in the material form only then there is difference. Some soul comes in the form of a lady or wife and the other in the form of a man or a husband. The modern science is proving many old beliefs to be futile. The angle of understanding is now different. The present educated people and the scientists

are not going to believe blindly the religion as we have been believing in the past. I am not afraid of anything while I speak the Truth. Last time when I went to America I delivered a lecture to about one thousand Americans in the Research Association called A.R.E. And told them, "You say that Jesus Christ was the son of God, it was not only Jesus Christ who was the son of God, we all are the sons of God." I further said that Jesus wrote in the Bible that the earth is flat, whereas the scientists have proved that this earth is round. The first scientist who proved this fact was hanged." When I was telling this, my friend Dr. I.C. Sharma, Ph.D. pressed my feet, so that I might not speak the Truth. But I said that was Truth, why should I not speak it.

Even our Lord Krishna, who is believed to be the incarnation of God among Hindus, lost all his children and grandchildren before his very eyes, fighting against one another after drinking wine. What Krishna could do ? Every man must reap the fruit of his own deeds. He may be a prophet, a saint or anybody. Even these incarnations have not been free from sufferings for their own action. Even some very great men died a miserable death. I do not know about myself, how would I die. Though at this age of 92 years, I am better than many.

My Spiritual Father had asked me to change the teachings. I do not know, what should I change. He never told me to raise the voice of BE-MAN. He never told me to open this library. He simply said to me, "Change the teachings.", So whatever I have realized in my life, I have told that this is what I have realized. If someone cares for it, let him care and if some body does not care let him not. If some one wants to read my books, let him read. I do not care. If somebody wants to give some donation here for the help of poor, let him give and if somebody does not give, let him not. I have my own means of livelihood. I have my own home to live in.

Last time I was sick for some days and then I remained here in this room. When, I went home I paid Rs. 45/- to the Mandir as a rent of this room. I might be wrong my friend. It is possible, but my conscience is clear. I am true to my "Self". In other Ashrams people take service from the disciples for gardening and other odd jobs. But I never get such work here from anyone. If somebody wants to do any service willingly, let him do. But I do not want or ask anybody.

Mr. Mark:— There is a framed letter for Virginia. Do they proclaim you as their Guru ?

His Holiness:— Yes, they love me dearly.

Mr. Mark:— But you do not want to be a Guru ?

His Holiness:— I have never initiated people as others do. Whatever I say in my discourses is the only "NAM" or initiation. Those who believe me, take my hints and act upon them. They are benefitted. If anyone with sincere heart comes to me with any desire, I wish that his desire be fulfilled.

Mr. Mark:— What is the significance of the word "Radhaswami" ?

His Holiness:— Radha is our REAL-SELF, Swami is that place from where it has oozed out. Radha is REAL-SELF, which is neither body, nor mind, neither Light and nor Sound. To take that SELF back to its origin and the state of re-union of SELF with its ORIGIN is called Radhaswami. This is what I have understood.

Mr. Mark:— For meditation, is this word a Mantra ?

His Holiness:— First one must undertake such meditation as may take the meditator away from the physical senses. This

practice is known as the repetition of NAM, given by the Master to his disciple. So by repeating that NAM, not with tongue but with mind, here amidst the eyebrows, you go above the physical senses, as you go above in the dream while sleeping. Then comes the mental region, from where the thoughts ooze out. As the process of thinking starts, different kinds of pictures and scenes came before us. To surpass them or to go beyond the mental region and its creations, you are to undertake the practice of Dhyān of the master. We people go to dream while being sway by this practice, but by concentrating on the FACE of a Guru, provided one thinks him as the REAL-MASTER and the PERFECT, then the mental senses will also cease or the meditator shall not have any feeling of mental existence as well. Beyond this is the light. The entity which lives in the Light, see the light and enjoys the bliss of light is our soul or atma. Beyond that is Sound or Shabad. When one listens to that sound, one forgets all about the first three stages that is Trinity, body, mind and light. That is the 4th stage according to the saints. But I have realized the 5th stage too. Reference to the 5th stage is also made by Saint Kabir in his writings. But that cannot be understood by everybody. The 5th stage is that condition where one loses one's entity as an individual. SELF merges in the supreme as a drop mingles in the ocean. So far, I have not been able to merge myself in that 5th stage. I try my best, but I fail. Why ? I do not know. Therefore, I say that it is not in man's hand to reach that stage. It is either His will or the destiny of a man. So, at this stage of 92 I surrender myself to that supreme one. Any more questions if you have to ask, please ?

Mr. Mark:— Would you please explain the meaning of “BE MAN”.

His Holiness:— Yes, BE-MAN means, to be a man who has got correct understanding. He who is not bound by anything or anyone, say, with his master, with his wife, with his children or with his property, etc. He, who is bound can never get salvation. In Hindi we say,

Meaning thereby, do not be a slave of guru, do not be slave of wife, do not be a slave of this world. Realize yourself and live in this world happily, peacefully and contentedly. This is the meaning of BE-MAN as I have understood.

You see, I have not named this place as a spiritual center or Anami-Dham. Because unless one is a true man he cannot be spiritual man. This is what I think. To be born in a church is a blessing, but to die in a church is curse. To be born in a church means we have attachment with something or someone and to die with attachment means we cannot reach our real abode. This is my realization. I am an elderly man of 92 years having an experience of family life, worldly life, official life and spiritual life. Based upon my personal experiences as a son, or friend or as a brother, I would advise you, to live always in harmony at home, if you are not on good terms with your wife, father or mother there will be destruction in the family. In the country the political parties are fighting against each other, the results would surely be bad. I have realized the effect of cold war in my own family. My own brother Rai Sahib Surinder Nath was the Traffic Manager in railways. Now, he is now more in the world. His three sons used to stay with me. I was an ordinary station master, drawing only Rs. 95/- per month, out of which Rs. 7½ were deducted for G.P.F. And only 87½ I used to bring home. I was hardly able to manage with this meager pay. There were three children of my brother, three my own, myself and my wife and one servant. Thus my wife always used for grumble, because my younger brother did not send any money for the education of his

children. Si, I had to spend for all. When I was constructing my residence in Railway Mandi, Hoshiarpur, my son-in-law came and suggested that I should construct the house in such a way that two sons of mine may share eq. I told him, that he must be thankful, if one survived. After about 6 months my son died. Why did I say so to my son-in-law ? Because, the mind of my wife was clear. So home peace is a must for happy living. This is one thing which I like to tell you and to convey to the Americans, through you.

Second, we people indulge too much in sex. You perhaps know that 40 drops of blood form one drop of marrow (Ojus) and 40 drops of marrow (Ojus) form one drop of semen. Those who waste their semen unnecessarily, they are bound to suffer. Either doctors will rob them or sadhus of my type will rob them. This is most important thing in our life.

Third, every man must try to stand on his own legs.

Fourth, as far as possible do not try to find out the shortcomings of others. And if you know the shortcomings of anybody do not express them. This will make your life happy. I have served the Indian Railways and the Military. I have had no trouble in my life. One must be true to one self. One must be honest to one's own-self. One should not interfere in the affairs of others. After studying and understanding the power of thought, I am of the opinion that there must be destruction on this globe in the coming few years. In every country and in every home, there is hatred, selfish motives dominate every where. So people must suffer for their thoughts and deeds.

You will be going now, I may see you in America. Mr. Mark. I feel the greatest responsibility upon my head when these people come to me. You see they are coming from far and near. Whatever I

have realized in my life, I tell them. I want to remain true to my conscience. Keep faith at one place and in one ideal. If you are a Christian and meditate upon Christ, thinking that he was born to Miss Mary and he did this work or that work, you will not attain freedom from the cycle of transmigration. You may, by regular concentration, get some miracles, but you will not attain the Truth. If you believe in Christ do not think of his feature as of that Christ who was born to Miss Mary at Jerusalem. No. Think him as perfect supreme being. Similarly, Hindus who worship Rama and think that he was born to King Dasrath of Ayodhya and he did this and that work, they too will not benefit. Always thin your ideal as PERFECT. He is giver of everything. He is above all. He is yours and you are His. This faith will give you solace in your life. I have had no trouble in my life.

To Americans, I want to tell my views, that women are meant for the creation of good children. They are not for sexual pleasure. You see, the cow, donkey, buffalo or the mare, do not allow their males to come near them before heat time, nor their males go near them. But, we human beings, do not see time, we do not see say or we see night & we indulge in sex. The result of this excessive sex is that our brain does not keep its balance. We lose our balance and correct understanding.

I tell you one story. There was one England— returned professor or a Principal of some college. He came to me at my residence in 1942. I never knew that he was a professor. He said, “I remain unpeaceful.” He was very healthy. He had a son and a daughter also. I thought that he must be a businessman. He wore simple Dhoti and Kurta just like mine. I told him, “You have been very sexual in your life and therefore you are peace-less.” He said to me that I was wrong. I asked why ? He told that his father had died and

his mother sold the property and sent him to England, for further education. He married at the age of 26 years. He did not go to any other woman nor he had ever wasted his semen. So, he said that I was telling wrong. Then I asked him to tell me, what he had been doing or thinking in his school or college days. He said, "Yes, I was doing one thing, I had about 50 or 60 photographs of naked girls with me, and I used to enjoy by seeing them for about 20 to 40 minutes a day." Then I said to him, "You have been seeing the naked photos of girls for about 12 years and now, if you want peace you will have to mediate upon such a figure in whom, you should think, that there is no passion or sex. Only then you can get peace. I can not give you peace."

You Americans come here. Some are following Hinduism and others running to other different centers or Ashrams in India. Why ? You are all well-to-do. You are educated, technology is with you, but have no peace. It is all due to excessive indulgence in sex. This is what I want to convey to you and other Americans and this is what I preach.

Last is one's own belief. Hindus are fools. Sometime they believe in Krishna, sometime in Rama, sometime in one God and at the other time in some Goddess. This is wrong. Keep your belief or faith in one in any form, you may love him. You will get everything. Have this believe that He is yours and you are His. You cannot meditate upon an unseen object or on formless. You will have to believe in that power in one form. You may believe in Jesus Christ. Believe him to be everything-giver. Those who believe me to be a Perfect man and those who have faith in my image, their work is done, whereas I do not know how. "It is their faith." This is what Christ has said. Once Christ was going in a boat. One man came there and said, "If your boat moves at this time, we shall all be

drowned.” Christ asked that man to leave the boat once saying, “You go out, you have no faith.” So, it is all your faith. Keep faith in one and believe that He is in you, always, watching you, morning, evening, sleeping and working. Your life will be comfortable. This is the essence of the research of my life.

I speak, what I have realized in my own life. I created one son, with the intention of creating a son. I have also made blunders. But I created one son, when I knew the principle. From his childhood upto this day, now he is about 45 or 46 years old. I have had no chance, whatsoever to scold him, to beat him. He is very successful in his life. Now he is drawing about Rs. 2500/- per month. This is my personal observation. I created other children as well. With whatever ideas I went to my wife, similar thing happened with them. This is what I preach that mankind should know the art of begetting good children, so that they may live a healthy, wealthy and peaceful life. As regards spiritualism, everyone is not fit for it. There are a few persons who want salvation and who want to be free from the cycle of transmigration.

Well, brother, you have come. I want to be true to you. I do no miracles. Because, my mind is pure both from within and without, whatever has to happen it comes out of my mouth. When Mr. Kennedy was elected as President of America, a friend of mine, who is not here now, brought his photo to me. I saw that photo and said, “This man has a short life”, and that is what happened. Why I said so. I am not an astrologer. It is intuition. It cannot be attained by your efforts. It is Nature’s gift to a man.

I tell you another instance of my life. I had a daughter named Prem Pyari. She was married. After about 5 years of her marriage, a friend of mine at Ferozepur, invited my daughter, and my son-in-law

at the marriage of his daughter. I also went there. My daughter came to me said, "Father, I have been married for the last five years. I have no child. So for, my mother-in-law and other relatives taunt me. What should I do?" I told her, "You are the daughter of a Faqir, have faith in God. If it is in your luck, you will get a child, otherwise do not bother. Let them talk" After about 15 minutes my son-in-law come to me and said, "Father, I have got no issue." I said to him at once, "Why worry, you will have many issues." At that time I did not know that my daughter would die. After about 1½ my daughter died. He married again and got many children. So, what I have realized is that I do nothing. Because my inner-self and outer-self is pure, the vibrations of what has to happen come to my mind and whatever I say it comes true. I do not say anything intentionally. People say that I have done. But I say that I have done nothing. I am merely a bubble of super-most consciousness. I had egoism. Egoism of my body, egoism of my mind, egoism of my soul and egoism of my surat. That egoism had made me to run about and to do all this through-out my life as a station master or as a telegraph superintendent or as a guru and as a disciple. I do not do anything. In this very frank conversation, in which I have told you about the entire research of my life time. Any other question, you want to ask ?

Mr. Mark:— No, I have all my questions answered. Thank you very much indeed.

His Holiness:— Health, wealth & peace to you.

